



**Welcome back for
Our next letter of
The אב**

**WHICH IS THE
LETTER
ב BET**

**WE WILL START
WITH DISCUSSING
THE WORD FOR
BLESS**

בָּרַךְ - barak – literally, to kneel, and is translated
'praise' in תְּהִלִּים TE HIL LIM 72:15. *"And he
shall live..(חַיָּה) cha-yah...to live, have life,
remain alive, sustain life, live prosperously, live
forever, be quickened, be alive, be restored to
life or health, be whole....and to Him shall be
given of the gold of Sheba: prayer also shall be
made for him continually..תְּמִיד ta-mid
(means daily prayer.).((תְּפִלָּה)) te-fil-lah.....to
stretch...and daily יוֹם yom.(from sunrise to
sunset)...shall He be praised...בָּרַךְ barak...to
bless, kneel, to pray to, to invoke, to ask a
blessing, to kneel down....*

Please understand that blessing signifies not only the act of a superior to an inferior, but also the expression of grateful praise proceeding from the inferior and ascending to the superior. However, in the passive sense the word בָּרַךְ - barak signifies that the blessing is a gift of אֲדֹנָי ADONAI and since this is the case, that blessing received from Him produces fruit in the חַיִּים chai-yim...life; and those who bless themselves in אֲדֹנָי ADONAI indicate by this expression that they acknowledge their blessings to be summed up in Him.

Lets get deeper.....If we look at this בָּרַךְ -
barak Hebraicly , we can see a new richness
and depth to the text of the Bible. The
Hebrew word, as discussed, being בָּרַךְ -
barak is comprised of the Hebrew letters ב -
bet, representing a house or tent, or meaning
house,, as in a lineage, like 'the HOUSE of
David'. Then we have the second letter ר -
reysh which means a head of a man, or first
or highest person. The last letter is the ך -
final sofit kaph, which means the palm of a
hand, or to bow or bless.

We have already learned that the first two letters, בָּר - bar, means 'son'. So we can see that 'to bless' is for the Son (יֵשׁוּעַ - Yeshua) to extend the PALM OF HIS HAND to us, or to lay His hand on us....***TO BLESS US!***

The first time אֲדֹנָי ADONAI blessed
anyone or anything in the Bible is בֵּרַא שֵׁית
B'RESHEET 1:28...

As stated..” And God blessed them, וַיְבָרֶךְ
אֹתָם אֱלֹהִים (Vay-ba-rek o-tam Elohim)
and God said to them, be fruitful, and
multiply, and replenish the earth, and
subdue it; and have dominion.. רַבָּה
..rabah..prevail against, take over..over the fish
of the sea, and over the fowl of the air, and
over every living thing.. חַי chai..that
moves upon the earth.”

Many English speaking people find the idea of בְּרַכּוֹת - berakhot, blessing, very confusing. To them the word 'blessing' seems to imply that the person saying the blessing is conferring some benefit on the person he is speaking to. For example, in Catholic tradition, a person making a confession begins by asking the priest to bless him. Yet in the בְּרַכָּה - berachah, the person saying the blessing is speaking to אֲדֹנָי ADONAIHow can the creation confer a benefit upon the Creator?

This confusion stems largely from difficulties in the translation. The Hebrew word בָּרוּךְ barukh is not a verb describing what we do to אֱלֹהֵינוּ ADONAI, it is an adjective describing אֱלֹהֵינוּ ADONAI as the source of ALL BLESSINGS. When we recite a בְּרַכָּה - berachah, we are not blessing אֱלֹהֵינוּ ADONAI, we are expressing wonder at HOW BLESSED אֱלֹהֵינוּ ADONAI IS!. *HOW CAN WE GIVE BACK TO GOD THE PERFECTION HE HAS GIVEN US?* This is why we can give to others, the blessing because we are giving what God has given usimperfection to imperfection, but received from the Perfect One from the start

The word for 'blessed' is וִיבָרַךְ -
v'ibarak, which is more appropriately
translated "*He will bless*" or "*He is
blessing*". This really means that אֲדֹנָי
ADONAI is blessing on an ongoing,
continual and future blessing, rather
than a past blessing.

- וַיְבָרֶךְ
In forming this word v'ibarak, two letters are added to the word בָּרַךְ - barak, the letter ו vav – which stands for 'tent peg or nail, meaning a nail or hook, and the letter י yud' stands for 'hand of God', or 'arm from the fist to the elbow' meaning my hand or my works.

So, אֲדֹנָי - v'ibarak, or
ADONAI first blessing to humanity
is prophetic of His ultimate blessing
to humanity: the NAIL –(ו) vav in
the HAND –(י) of the SON – (בֶּר) –
bet ר- reysh is His blessing.

Can we break this down and see God's
handy work in His language?

ו Vav: Hook/Nail or Tent
Peg

י Yod: Hand of
God/Works (Hand/Arm)

ב Bet: House
(House/Tent)

ר Reysh: First/Highest
person (Man's Head)

כ Kaf: To Bless/Bow (Palm
of Hand)

SIDE NOTE..... בינה ..bi-nah
means *understanding*...remember
the letter נ nun stands for
life.....lets break this down!

בימה ..bi-mah means *platform,*
pulpit, (where the תורה
TORAH is laid and read from)
....remember the letter מ mem
means *water*....

This will put a smile on your face.....The Talmud states that it is permissible to pray in any language that you can understand, however, traditional Judaism has always stressed the importance of praying in Hebrew. A traditional speaks of a prayer of an uneducated Jew who wanted to pray but didn't speak any Hebrew. The man began to recite the only Hebrew he knew...the alphabet. He recited it over and over again, until a rabbi asked what he was doing. The man told the rabbi, "THE HOLY ONE, BLESSED IS HE, KNOWS WHAT IS IN MY HEART. I WILL GIVE HIM THE LETTERS, AND HE CAN PUT THE WORDS TOGETHER!"



BEFORE TORAH STUDY

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Ha-o-lam me-lekh E-lo-he-nu Adonai at-tah ba-rukh

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ

V-tzi-va-nu b-mitz-vo-tav kid-sha-nu a-sher

לְעֶסֶק בְּדִבְרֵי תוֹרָה

To-rah b-div-rei la-a-sok

Blessed are You, L-rd our G-d, King of the universe, who
Sanctified us with His commandments and commanded
Us to engross ourselves in the words of the Torah!

ASPIRE TO
INSPIRE..BEFORE YOU
EXPIRE..... TAKE WHAT
YOU NEED... ..
GIVE THE REST AWAY!